

Smile, darn you, smile

And help raise funds for kids' charities

If you've been thinking of getting your teeth whitened, have I got a deal for you.

As we speak, the terrific people at Reflections Dental Health Centre, 717 Harrow St., are offering to whiten your teeth at a reduced rate AND give you a tax receipt in return for the remainder of the reduced fee.

Better yet, all the money raised — yes, all — goes directly to Smiles for Life children's charities. Half of it stays here in Manitoba to support the Canadian Cystic Fibrosis Foundation while the other half is distributed to charities worldwide.

The Laser Zoom whitening I received yesterday from dental assistant extraordinaire Kelly Reilly took about two hours from start to finish, and whitened my teeth by a remarkable 10 shades.

While all the charity openings for the treatment are already booked solid (no surprise), there are still a few home-whitening pro-

cedure bookings available. Your charitable donation of just \$300 gets you your own personal molds, all the materials and instruction you need and, shortly, beautiful white sparkly teeth.

To book your appointment, call 77-SMILE, ASAP.

Kudos to Dr. Ken Hamin and his superb staff (who donate their time for the cause) for

raising "jointly with our clients" over \$50,000 for Smiles for Life over the past eight years. Call now, and help them "shine" even more in this, their ninth year.

Cheese.

MEAL OR NO MEAL

Bored? Looking for something fun and interesting to do? Consider this urgent request from Shirley Murray, manager of volunteer services for Meals On Wheels:

"Hi, again, Laurie. We are

desperately trying to recruit volunteers to deliver into the North End. We have clients on a waiting list and need new volunteers to start up a new route. Anyone interested should call Shirley or Christie at 956-7711. Thanks, Shirley."

Excellent way to get out and about folks, meet new people, and really make a difference in our community. Consider that Meals on Wheels delivers 550 to 600 meals a day in Winnipeg ... 189,500 meals last year alone. Please help them keep up with the increasing demand and provide this tremendously important service.

Opportunity knocks! Go have some fun.

GARAGE SALE LAUNCH!

Got a great garage sale this weekend? Send in a description, and I will pick the best five to "star" in my Saturday column. Contact info below. Sell. SELL!

THE LAST LAUGH

A young mom here at the *Winnipeg Sun* thinks this is pretty funny:

A young mother was out walking with her four-year-old daughter. She picked up something off the ground and started to put it in her mouth. The mom took the item away from her and asked her not to do that.

"Why?" she asked.

"Because it's been on the ground, it's dirty and probably has germs," the mom replied.

At this point, the daughter asked, "Mommy, how do you know all this stuff? You are so smart."

Thinking quickly, her mother replied, "All moms know this stuff. It's on the Mommy Test. You have to know it, or they don't let you be a mommy."

"OH! I get it!" the girl beamed. "So if you don't pass the test ... you have to be the DADDY!"

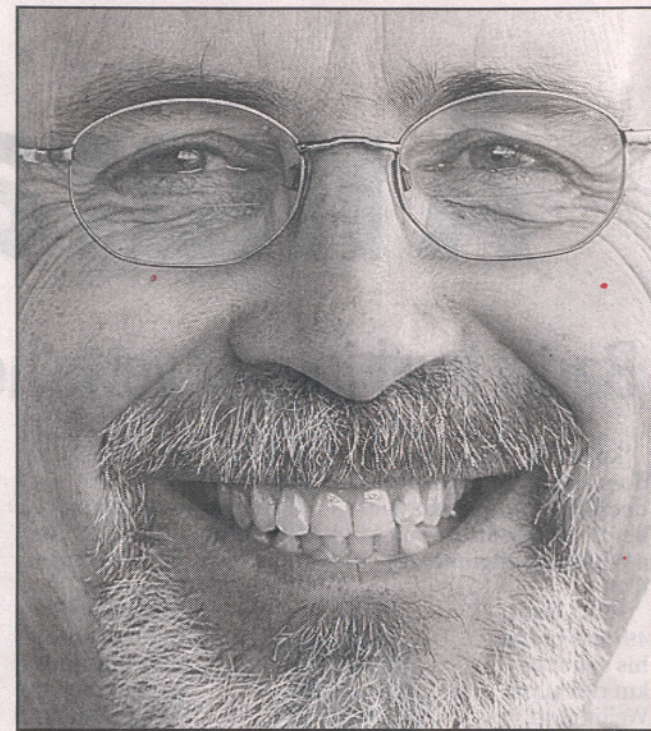
"Exactly," her mom replied ... with a big smile on her face.

Please ...

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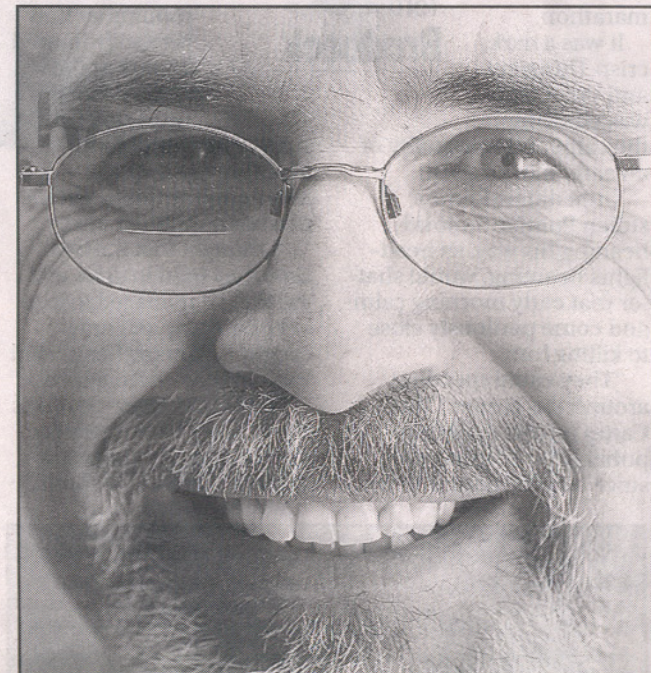


Laurie
Mustard



C. PROCAYLO/SUN MEDIA

CHECK OUT THE CHOPPERS, CHUM: Laurie flashes a smile before his whitening treatment (above) and after (below).



BRANDY BOND/SUN MEDIA